

# WASTE MINIMISATION: HOME DIGESTION TRIALS OF BIODEGRADABLE WASTE

Matthew L Bench\*, Ryan Woodard, Marie K. Harder and Nikolaos Stantzos  
*Waste and Energy Research Group, School of the Environment, University of Brighton, East Sussex, BN2 4GJ, UK*  
[m.l.bench@bton.ac.uk](mailto:m.l.bench@bton.ac.uk)

This is a post-print version of a paper which was published in *Resources, Conservation and Recycling* 45 (2005) 84–94 DOI doi:10.1016/j.resconrec.2005.02.003



This work is licensed under a [Creative Commons Attribution-NonCommercial-NoDerivatives 4.0 International License](https://creativecommons.org/licenses/by-nc-nd/4.0/).

## ABSTRACT

Minimisation of municipal solid waste and diversion from landfill are necessary for the UK to manage waste sustainably and achieve legislative compliance. A survey of householder attitudes and experiences of a trial for minimising household food waste from waste collection in the county of West Sussex, UK is described. The minimisation method used the Green Cone food digester, designed for garden installation. A postal questionnaire was distributed to 1000 householders who had bought a cone during the trial and a total of 433 responses were received. The main reason for people buying the Green Cone had been concerns about waste (88%), with 78% and 67% of respondents, respectively, claiming to have participated in recycling and home composting in the last 30 days. The waste material most frequently put in the digester was cooked food (91%), followed by fruit waste, vegetable matter and bones/meat. Some respondents were using it for garden and animal waste from pets. Most users found the Green Cone performed satisfactorily. Approximately, 60% of respondents had seen a reduction of 25–50% in the amount of waste they normally put out for collection, with analysis showing reported levels of reduction to be significant ( $p < 0.05$ ). Additional weight surveys by householders recorded an average of 2.7 kg/(h week) diverted to the food digester

## INTRODUCTION

Household waste minimisation is a crucial component of the UK waste strategy and sustainable waste management, where avoidance of waste altogether is a preferable option to re-use and recycling<sup>[3]</sup>. Waste minimisation, however, is difficult to implement and requires considerable financial resources from local authorities. The outcomes from these programs can also be difficult to measure in terms of actual waste reduction.

One of the major components of household waste is putrescible and biodegradable material such as kitchen waste. Such material typically comprises 22% of an average dustbin<sup>[8]</sup> and may include vegetable, fruit and cooked and processed foods. Such wastes are now subject to the EU Landfill Directive (99/31/EC) which came into effect in the UK on 16 July 2001<sup>[2]</sup>.

The Directive requires a reduction of biodegradable waste entering landfill to 75% of the 1995 levels by 2006, 50% by 2009 and 35% by 2016<sup>[2]</sup>. Failure to achieve these targets by the required date would ultimately result in penalties and sanctions for non-compliance from the European Court. It is therefore imperative that local authorities in the UK make significant progress on this issue.

An approach that can be adopted by local authorities is to minimise the kitchen waste components of household waste entering the collection stream, through the provision of subsidised waste digesters to residents. It was on this basis that West Sussex County Council (WSSCC) in southern England conducted a trial of the Green Cone food and kitchen waste digester.

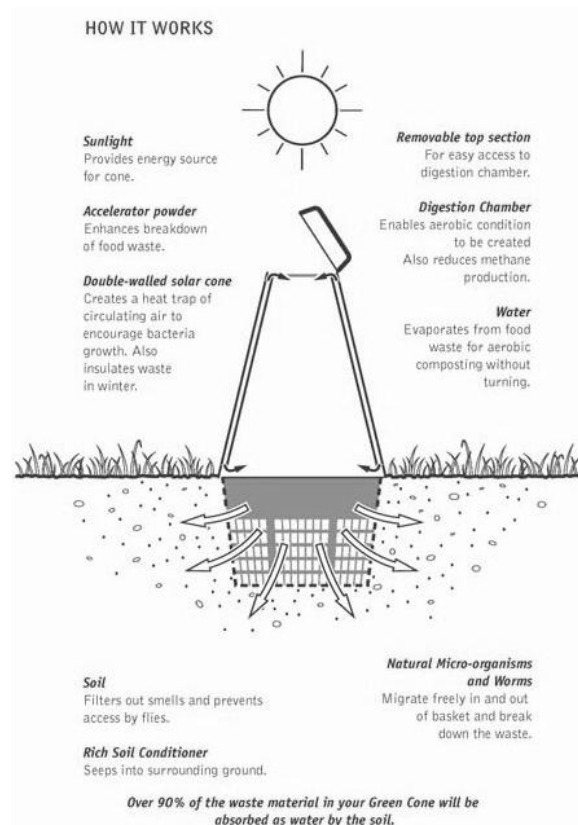


Figure 1. Diagram of an installed Green Cone <sup>[5]</sup>

## The Green Cone

The Green Cone (Figure 1) is designed for garden installation to enable solar energy to enhance microbial activity and accelerate the decay of biodegradable household kitchen waste. The product is made from plastic and consists of three main components, the inner cone, outer cone and basket. The basket is buried in the soil and acts as the repository for the waste, whilst the

cone is positioned above ground so as to receive solar radiation and raise the temperature of the waste. Waste is deposited by the householder through the lid at the top<sup>[5]</sup>.

## **METHOD**

The main aim of the research was to examine householder attitudes to the use and performance of the digester and if it was effective at minimising household waste. The research employed questionnaire surveys of residents and a sample group of households to weigh the material being put in their digesters. Only the results of the former are presented here<sup>[1]</sup>. The trial began with a sales promotion for the Green Cone at supermarkets throughout West Sussex, with the net result that a total of 2,123 digester units were sold. Contact details of customers were retained in a database.

### **Postal Questionnaire**

In the first stage of the research a questionnaire was posted to 1,000 households out of the 2,123 West Sussex residents who had bought the Green Cone. The survey was designed to test attitudes to the digester and its potential for waste minimisation. Information was sought on basic demographics, attitudes to recycling and composting and issues or problems experienced by householders using the Green Cone.

## **RESULTS**

### **Demographics**

A total of 433 completed questionnaires were returned representing a response rate of approximately 43%. A selection of the sample demographics is described in Tables 1 and 2 below. They include responses in relation to gender, age, household composition, dwelling type and garden size. Approximately 25% of the households were comprised of couples aged 55 and over, and 8% were between 35 and 54 years (Table 2). 28% of households were comprised of 2 parents with children and half of these (14%) had both parents in the 35-44 age range whilst 4% had younger parents, aged between 25-34 years. Only 3% of households had single parents with children and 7% of households had multiple adults with children. The majority of the single occupancy households (5%) had residents of 55 and over.

Most respondent's were female (269), and 150 respondents were male (Table 2) with further analysis showing that 43% of the females who answered the questionnaire were responsible for buying the Green Cone. Only 26% of males who answered the questionnaire were also the person who had bought the food waste digester.

Table 1. Summary of categories of households responding

Household Category	Age range of resident adults	%	N
Single occupancy	55+	5	21
Single occupancy	35-54	2	8
Single occupancy	< 35	1	3
Couple	55+	25	109
Couple	35-54	8	33
Couple	< 35	2	9
Couple mixed aged	all	4	17
Parents with children	45+	4	16
Parents with children	35-44	14	60
Parents with children	25-34	4	18
Parents-mixed age- with children	all	6	27
Single parents with children	35-74	3	12
Multiple adults (3+ >18 yrs)	all	11	46
Multiple adults (3+ >18 yrs) plus children	all	7	31
No data		5	23
Total		100	433

Table 2. Respondent gender, approximate garden size and dwelling type

Gender	N	%	Garden size	N	%	Dwelling type	N	%	% West Sussex <sup>[7]</sup>
Female	269	62.1	Large	184	42.5	Bungalow	62	14.3	-
Male	150	34.6	Medium	164	37.9	Terraced	56	12.9	23
Other	1	0.2	Small	68	15.7	Semi-detached	125	28.9	27
No answer	13	3.0	Other	1	0.2	Detached	179	41.3	30
			No answer	16	3.7	Flat	5	1.2	20
						Other	1	0.2	-
						No answer	5	1.2	-
Total	433	100	Total	433	100	Total	433	100	100

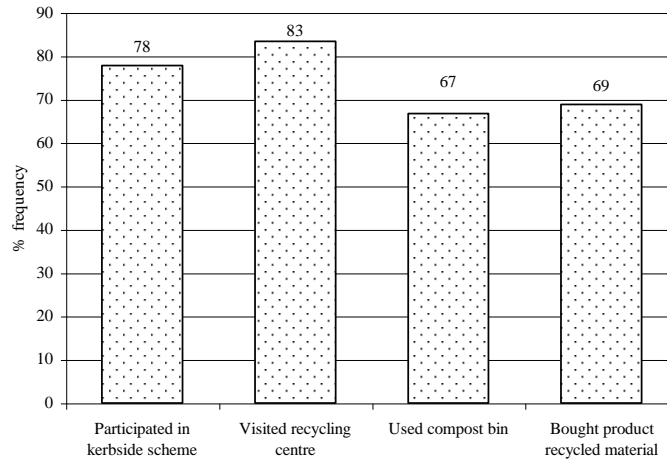
The most frequently occurring housing was detached (Table 2), followed by semi-detached and bungalows (single storey houses). A very small number of respondents occupied flats. Comparison with the county dwelling type<sup>[7]</sup> is also provided, which shows a degree of over representation in the sample of detached and semi-detached categories and under representation of terraces and flats. Approximately 38% of respondents had what they claimed to be medium sized gardens but most people (43%) reported to have large gardens.

### Attitudes to the Green Cone and Recycling

A high percentage of respondents, 88%, stated that they had bought the Green Cone because they were concerned about the amount of rubbish they produced (Table 3). Many people were also curious about the concept, whilst others considered it would be a complement to an existing compost bin.

*Table 3. Reasons provided by respondents for buying the Green Cone*

Reason	% in agreement
Liked design of product	42
As a complement to a composting bin	53
As a gift for someone	3
Curious about the concept	68
Concerned about the amount of rubbish	88



*Figure 2. Level of participation in other recycling related activities in the last 30 days*

The majority of respondents also claimed to have participated in some form of recycling within a 30-day period, 78% for kerbside and 83% for bring centre (Figure 2). Furthermore, many stated they purchased products made from recycled material and used compost bins. Therefore, attitudes to recycling were generally positive.

### **Locating the Green Cone**

Most respondents (69%) did not experience any difficulty in finding a suitable location in their gardens for the digester. However, comments were received from 119 people that did experience difficulties, (Table 4) which included trying to locate the Green Cone in the sun (56%), finding a discreet position (28%), hard/clay soil (14%) and lack of space (12%).

*Table 4. Comments from respondents that experienced difficulties with locating the digester.*

Difficulty experienced	As a % of respondents (119)
Locating in sun	56
Inconspicuous/discreet position	28
Clay/hard soil	14
Space	12
Access	8
Digging in	5
High water table/flooding	4
Tree roots	4
Pipes	2
Other	17

## Problems Experienced During Use

A total of 395 people out of the 433 surveyed experienced at least one problem whilst using the Green Cone. The most frequent experience was flies, which accounted for 69% out of the total (Figure 3) followed by slow decay (53%).

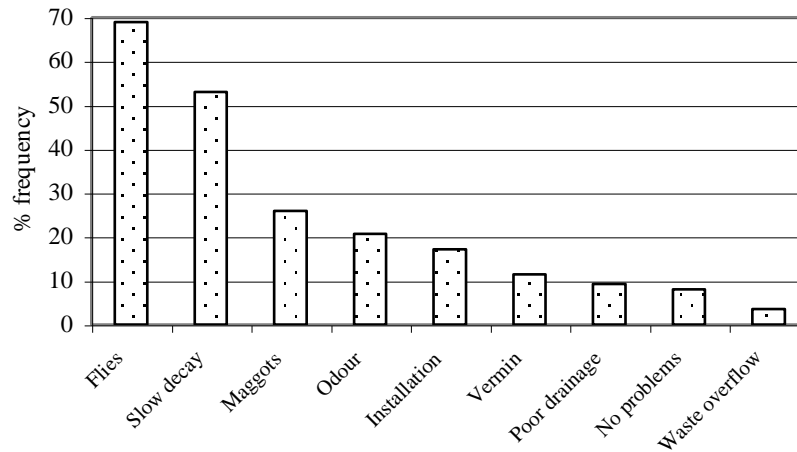


Figure 3. Problems experienced by householders during use of the Green Cone

Odour from the digester was also a problem for some people. However, no one actually experienced all the potential problems listed in the questionnaire but 20% of people indicated that the problems they had experienced had stopped them using the cone altogether (Table 5). In at least 9 cases for flies and slow decay, the respondents said they would only be stopping temporarily to provide enough time for the problem to remedy itself. Therefore, a total of 72 people or 17% of the total 433 respondents were identified to have stopped using the Green Cone completely.

Table 5. Reasons for stopping use of the Green Cone altogether/ temporarily

Reason	Number of comments
Flies and maggots	27
Slow decay	15
Vermin	14
Odour	10
No reason given	9
Slow decay-only stopping temporarily	6
Flies- only stopping temporarily	3
Total comments	84

## Digestive Performance

When asked to express how the Green Cone was performing as a waste digester 49% of people said it was performing well to very well and 29% of respondents were undecided. 19% thought it was performing poorly to very poorly, which provides a level of consistency with the 17% of respondents who stopped using their Green Cones for various reasons.

## Reduction in Waste Normally Put out for Collection

Residents were asked to indicate how much they thought they had reduced the amount of rubbish they normally put out each week since installing the digester. Almost 60% indicated a reduction of 25-50%. Figure 4 shows the variation in the reduction reported with number of occupants in the house. A statistically significant correlation was found for ANOVA with p-value  $<0.05$ . A similar correlation exists for the number of bags of waste set out before installation of the digester indicating a clear causal effect reported.

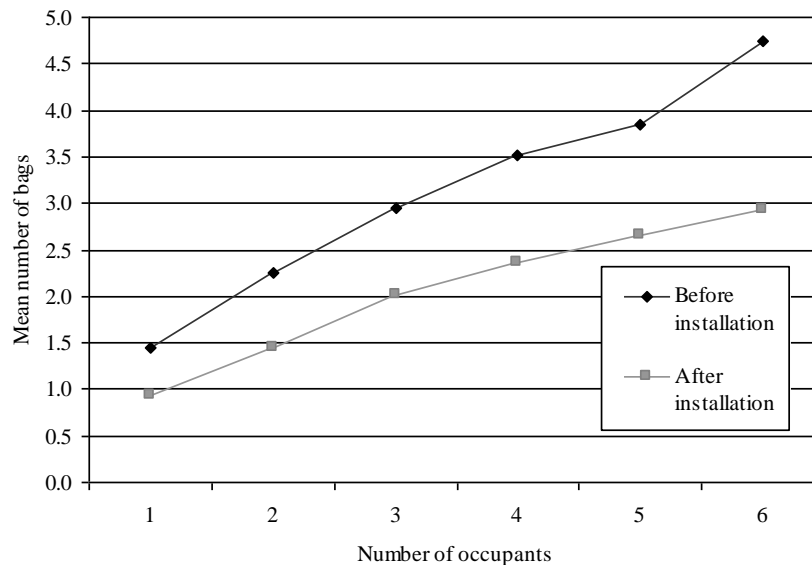


Figure 4. Mean number of bags produced per household according to number of occupants before and after installation of the Green Cone digester.

## Waste Composition

Figure 5 summarises the composition of waste being placed in the Green Cone as recorded by the responding households. The most frequently occurring wastes were cooked foods, fruit and vegetable matter. Besides typical food wastes, garden and animal wastes were also present in the composition, albeit at a low frequency.

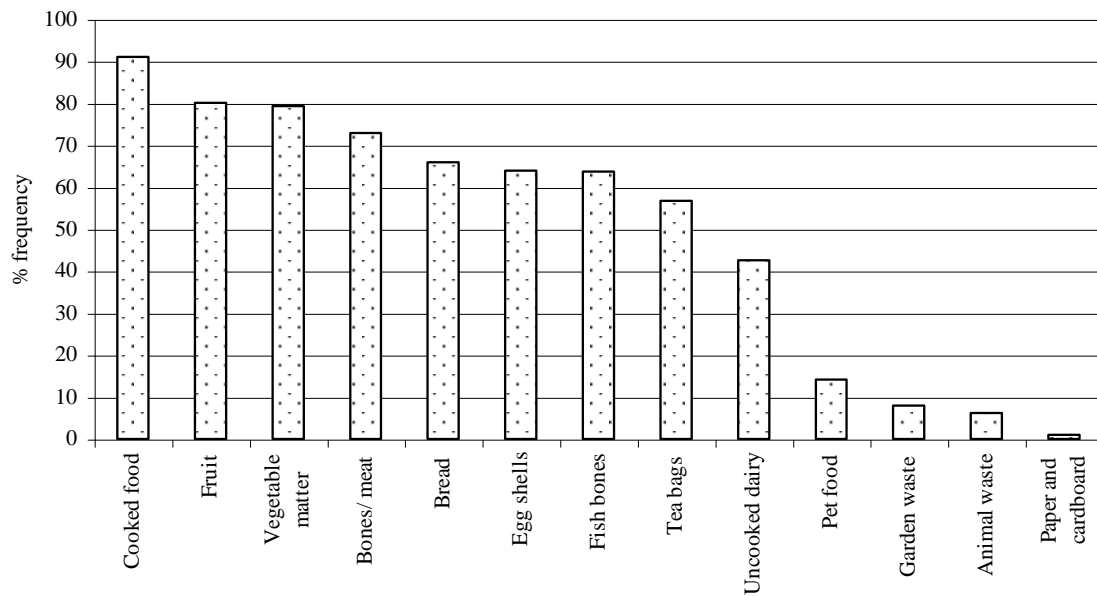


Figure 5. Waste composition by percent response

## DISCUSSION

The majority of the respondents were aged 35-54, female and claimed to be recyclers. Previous research suggests that these groups are most likely to recycle and therefore age and gender are significant predictors in recycling frequency<sup>[6]</sup>. Older residents and females are more likely to participate with women scoring higher on environmental responsibility scales than men<sup>[4]</sup>. The results from this investigation provide evidence that these groups are also willing to participate in waste minimisation. Attitudes strongly influence waste reduction and are related to societal benefits such as helping the environment- self-efficacy, a belief that one can make a difference<sup>[9]</sup>.

Although many respondents experienced problems during the use of the Green Cone, in only 17% of cases were these considered significant enough to stop them from using the digester altogether. Furthermore, in 9 cases where people had stopped, they were prepared to begin again once the problem had ceased. Locating and installing the Green Cone in the garden also presented some difficulty for approximately 27% of users but these were mostly overcome. Both of these results may be influenced by the positive attitude the sample group had towards recycling and composting. However, from a limited sample size it is not possible to determine how such attitudes may be representative of the wider population and how this could ultimately limit a more widespread adoption of the Green Cone.

Dwelling type and garden size are also likely to be influential and the degree of greater representation of the larger housing units of detached and semi-detached in the sample when compared to West Sussex as a whole requires further investigation. However, the results for garden size indicate the Green Cone is more likely to be used in large to medium sized gardens but that it is still suitable for small gardens.



In terms of the reported waste composition, the digester is receiving some materials that could not go in a traditional compost bin, such as cooked food waste. This demonstrates that the use of home composters and Green Cone digesters in the same garden would be complementary. The presence of animal waste, paper and card also shows that the scope for diversion of materials from the household collection is not limited to food waste. Moreover, because the most frequently occurring wastes such as fruit, vegetable peelings and cooked foods form a large proportion of the percentage by weight of a dustbin, their removal from the domestic collection would be expected to reduce collected weights. The potential levels of waste minimisation are supported by analysis of responses indicating there is a reduction in numbers of bin bags placed out for weekly household collection.

## **CONCLUSIONS**

This paper reports on a survey of 433 current users of the Green Cone food waste digester. Although the majority of respondents experienced some form of problem in relation to using the food waste digester, in the majority of cases this did not lead to the householder ceasing to use it. Therefore, the results show that home biodegradable waste digestion has the potential to make a significant contribution to household waste minimisation and the diversion of biodegradable waste from landfill. Further work should consider the extent to which the attitudes of householders to waste issues can influence the acceptability and adoption of food waste digestion.

## **ACKNOWLEDGEMENTS**

The authors would like to thank West Sussex County Council, Environmental and Economic Policy Service for their assistance with this research.

## **REFERENCES**

- [1] Bench, M., Woodard, R. & Stantzios, N. (2003), Minimisation of Food Waste Through Home Digestion. Results of Trials in West Sussex. A report for West Sussex County Council. WERG.
- [2] DETR (1999), Limiting Landfill: A Consultation Paper on Limiting Landfill to Meet the EC Landfill Directive's Targets for the Landfill of Biodegradable Municipal Waste. Department of the Environment, Transport and the Regions
- [3] DETR (2000), Waste Strategy 2000 for England and Wales. Department of the Environment Transport and the Regions.
- [4] Ebreo, A., Hershey, J., Vining, J. (1999), Reducing Solid Waste: Linking Recycling to Environmentally Responsible Consumerism. Environment and Behaviour, Jan 1999 v31 i1 p107(1)
- [5] Green Cone (2003), Retrieved: December 20, 2003, from <http://www.greencone.com>.

- [6] Lyas, J., Shaw, P., Van-Vugt, M. (2002), Survival Bag Behaviour in a London Borough: Householder Behaviour, Motivations and Barriers. IWM Proceeding 2002
- [7] National Statistics (2003), Retrieved: December 20, 2003, from <http://www.statistics.gov.uk/census2001/default.asp>.
- [8] Poll, J. (2002), Pilot Study on Municipal Waste Composition in Wales. AEA Technology.
- [9] Taylor, S. and Todd. P. (1995), An Integrated Model of Waste Management Behaviour: A Test of Household and Composting Intentions. Environment and Behaviour, Sept 1995, v27, n5. pp603-630.